## **Week Three Menu**

Served weeks commencing: 15.09.2025. 06.10.2025. Maidensbridge Primary School



|                             | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|-----------------------------|--|--|--|---|--|
| MAIN MEAL                   | Mince Beef Pasta<br>in a Tomato &<br>Basil Sauce<br>Served with<br>Sweetcorn & Peas                    | Chicken Wrap<br>Served with<br>Sweetcorn &<br>Broccoli                             | Roast Chicken<br>Served with Roast<br>Potatoes, Green<br>Beans, Carrots &<br>Gravy                     | Sausage in a Bun<br>Served with<br>Potato Wedges,<br>Peas & Sweetcorn                                 | Fish Fingers<br>Served with Chips<br>Peas or baked<br>Beans & Ketchup                |
| VEGETARIAN                  | Vegetable<br>Nuggets Served<br>with Potato<br>Wedges, Peas &<br>Sweetcorn                              | Veggie Mince<br>Cottage Pie<br>Served with<br>Sweetcorn &<br>Broccoli              | Roast Quorn Fillet<br>Served with Roast<br>Potatoes, Green<br>Beans, Carrots &<br>Gravy                | Quorn Hog Dog<br>Served with<br>Potato Wedges,<br>Peas & Sweetcorn                                    | Cheese & Tomato Pizza Served with Chips Peas or baked Beans & Ketchup                |
| JACKET<br>POTATO/PASTA DISH | Pasta with Tomato & Basil Sauce Jacket Potato with a choice of Baked Beans, Cheese or Tuna Mayonnaise  | Jacket Potato<br>with a choice of<br>Baked Beans,<br>Cheese or Tuna<br>Mayonnaise  | Jacket Potato<br>with a choice of<br>Baked Beans,<br>Cheese or Tuna<br>Mayonnaise                      | Pasta with Tomato & Basil Sauce Jacket Potato with a choice of Baked Beans, Cheese or Tuna Mayonnaise | Jacket Potato<br>with a choice of<br>Baked Beans,<br>Cheese or Tuna<br>Mayonnaise    |
| SANDWICH                    | Sandwiches with<br>a choice of<br>fillings:<br>Cheese, Ham,<br>Tuna Mayonnaise<br>or Egg<br>Mayonnaise | Baguette with a choice of fillings: Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise | Sandwiches with<br>a choice of<br>fillings:<br>Cheese, Ham,<br>Tuna Mayonnaise<br>or Egg<br>Mayonnaise | Baguette with<br>a choice of<br>fillings:<br>Cheese, Ham,<br>Tuna Mayonnaise<br>or Egg<br>Mayonnaise  | Sandwiches with a choice of fillings: Cheese, Ham, Tuna Mayonnaise or Egg Mayonnaise |
| DESSERTS                    | Flapjack   | Chocolate<br>Sponge & Custard  | Banana Muffin  | Chocolate Orange<br>Shortbread<br>& Apple slices  | Fruity Friday  |

## **AVAILABLE DAILY:**

Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



